

NORTHERN VETERANS' ALL COMERS CLOSED CIRCUIT 10 MILE CHAMPIONSHIP

SUNDAY 23RD OCTOBER 2022, STARTING @ 1PM

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

Organised by Cleveland Coureurs/Stockton Wheelers and supported by
Teesside local clubs & the North Group of Veterans Time Trials Association

**VENUE - CROFT MOTOR RACING CIRCUIT
WEST LANE, DALTON ON TEES, N YORKSHIRE, DL2 2PL**



RACE MANUAL

Welcome to this, the second VTTA Northern Veterans' All Comers 10 Mile Closed Circuit Championship at the Croft Motor Racing Circuit in North Yorkshire. Following on from the trial event held in 2021, organized by the existing Croft CTT Support Team, in liaison with the VTTA North Group, the event is to encourage both existing and non-members of the VTTA to participate in closed circuit time trials in a safe environment, whilst endeavouring to increase VTTA membership. Please enjoy your visit to the Croft circuit

Organiser details:

Gavin Russell, 2 Antrim Ave, Fairfield, Stockton-on-Tees, TS19 8 7JF Tel: 01642 654419 Email: gavin_russell@hotmail.co.uk

Paul Kitson, 6, Goldcrest Close, Ingleby Barwick, Stockton-on -Tees, TS17 0TE Tel. 07971 266153 Email: cycling@kitson49.plus.com

Any complaints should be forwarded to the organizers within 24hrs of finish of event.

Officials and timekeepers: The following volunteers, drawn from across the North group district are providing the support on the day, to ensure your attendance and participation is as enjoyable as possible:

Nominated Responsible Person on the Day: Paul Kitson

Results: Paul Kitson (SWCC)

Sign-on & Numbers: Donna Jarp & Colin Leckenby (SWCC)

Timekeepers: David Oliver (Hartlepool CC), Colin Whitfield (SWCC) & Mike Penrice (VTTA Yorkshire) **Number Catcher:** Frida Alexandra Mondragón

Hospitality: Ruth Crossley (VTTA North Group) & support ladies.

Start Stewards: Colin Lowe (SWCC)

VTTA NEC Representative: Mike Penrice

Eligible riders: All riders, who start the event, regardless whether they are members of the VTTA or not, are eligible for the awards. All riders must be over 40 years of age on the day of the event and be a member of a Cycling Time Trials affiliated club.

Awards: All Medals have been provided by the VTTA National Executive Committee.

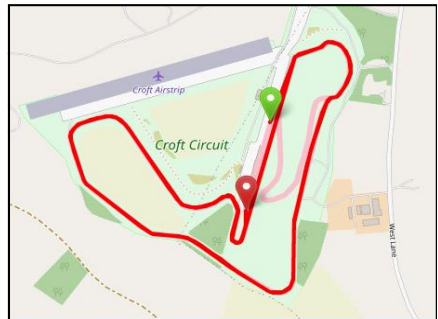
Medals (gold, silver or bronze) will be presented to the first three in the following categories: Men (time trial machines), Women (time trial machines), Men (road bike machines) and Women (road bike machines). Winners will be declared on the result using the VTTA age handicap system.

Sign-On & Race Numbers: The sign-on and provision of numbers will take place in garage no 8, commencing at 11:00am. When signing-on, please ensure you tick the box to confirm what type of machine you intend to ride (time trial or road)

Sign-Out & Race Numbers: After the event, please sign-out. Failure to sign-out will result in a DNF being posted in the results. Numbers should be returned to the sign-on area, and placed in the box provided.

Results: The rider's times will be displayed at the headquarters location (garage no 8) and will be published on CTT and VTTA websites and emailed to all riders.

Presentation: The presentation of the medals by the national VTTA representative, Mike Penrice, will be made as soon after the last rider has finished and all times have been displayed.



Circuit details: The course consists of the closed Croft motor racing circuit, which is just over 2 miles in length. Starting at the speed de-restriction line at the North end of the pit lane, riders will join the main circuit and complete 5 laps. On the 5th lap, riders, keeping left out of sharp corner, should enter the south end of pit lane, to finish at the chequered board, placed at the speed restriction line. (10 miles)

Riders must count their own laps or be aware of distance covered, to ensure they turn into the pit lane at the end of lap 5.

This is a CTT measured and approved course, so is eligible and qualifies for all competitions, standards, records and personal bests.

Facilities at Croft: On entering the circuit, through the second set of gates, parking can be found on the left in the paddock area. There is more than sufficient car parking for all, however please park responsibly. There is a separate timber toilet/changing/shower block across from the signing-on area. Please leave the facilities as found. There are a number of bins around the parking area as well near the garage block, so please no litter.

Please be aware that there is a 10mile "Come & Try It" club type event running on the circuit prior to this championship. It starts at 11am and will be finished by 12:30pm. This means that on arrival, there will already a lot of vehicles parked and riders and people milling around, many being youngsters, so please proceed into parking areas with care and please be vigilant in looking out for other competitors and supporters from the earlier event.

Warming up on the circuit will be permitted once the morning event has been completed. This will be allowed until the first rider starts in this event at 1:00pm. Following 1:00pm, warm ups can be completed on the tarmac airstrip, which is situated to the right as you enter the circuit. (PLEASE NOTE: No aircraft or helicopters are expected to land during the event)

Starting Order: All riders will start at 30 second intervals. Start times are shown at the signing-on desk and also posted in several visible positions local to the signing-on garage.

Circuit Protocol: Please keep to the right-hand side of the road when racing and where possible overtake on the left. Please respect other riders and their space and always ride with your head up. There shall be no drafting, with the passed rider dropping back sufficiently not to gain any unfair advantage. Any rider identified as drafting will be disqualified.

No animals are allowed on the Croft Motor Racing Circuit

Refreshments: Refreshments, ie hot drinks and cake etc, are available free of charge to all riders & officials, however we would welcome any donations you wish to make to our 2022 chosen charity, the North East Air Ambulance Service.

Photographs: Kimroy Photography will be present and taking photographs during the event. The photographs, will be displayed on the Kimroy website (<https://www.kimroy-photography.co.uk/>), usually the following day, and will be available to purchase.

IMPORTANT INFORMATION: Whilst it is a CTT regulation that all riders shall wear a helmet that meets recognized standards, whilst competing in time trials, whether on the open road or closed circuits, it is a strict requirement of the Croft Circuit Management that all riders shall wear a helmet.

It is a CTT regulation that all riders start with a working front and rear light (affixed to the machine). There are a number of both front and rear lights available to borrow for the duration of the event. Please enquire at the sign in table as to your requirements. Please can you return the lights, when signing out on completion of your ride.

When you have completed your ride, it is important that the pit lane is kept clear of supporters and riders, as other competitors may be finishing extremely fast and require the pit lane to slow down.

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2022 Teesside District Road Bike Specification:

To compete in the 2022 road bike category in any Teesside District event, the following specification is appropriate to the conditions of inclusion:

The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor may be disqualified.

The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted. Trikes of similar construction are permitted in this category.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

RIDER LIST

First Rider to start @ 30 seconds past 1pm

No	Name		Club/Team/Association	Group	Age	VH
1						
2						
3						
4	Neil	Wishart	Darlington Cycling Club	North	81	05:52
5	Jymmy	Trevor	Jem Hadar	Yorkshire	50	00:45
6	Stephen	Adamson	Fietsen Tempo		49	00:40
7	Howard	Leach	VTTA N Lancs and Lakes	N Lancs & Lakes	47	00:30
8	Phil	Wright	Hartlepool CC	North	67	02:43
9	Jenny	Graham	Knutsford Tri Club		43	02:41
10	Anton	Hoogendoorn	Alnwick Cycling Club		60	01:45
11	Shaun	Wakes	Ferryhill Whs	North	54	01:06
12	Tim	Garwell	Otley CC		70	03:13
13	David	Bird	VTTA (Yorkshire)	Yorkshire	66	02:33
14	Caroline	Ratcliff	Ferryhill Whs	North	57	04:02
15	Peter	Brooks	Aycliffe Tri Club		53	01:01
16	Wayne	Coates	Team Bottrill	North	63	02:08
17	Terry	Parvin	Ferryhill Whs	North	62	02:00
18	Alistair	Cole	Clifton CC York		56	01:18
19	Michael	Hutchings	Harrogate Nova CC	Yorkshire	56	01:18
20	Stephen	Broadley	Otley CC	North	69	03:02
21	Paul	Tyler	Ferryhill Whs		64	02:16
22	Nick	Giles	Pocomotion Road Club	Merseyside	63	02:08
23	Ian	Hutchinson	Cleveland Wheelers CC		67	02:43
24	Joe	Applegarth	Durham Triathlon Club		82	06:11
25	Steven	Clarkson	Harrogate Nova CC		64	02:16
26	Rob	Carter	Cleveland Wheelers CC		48	00:35
27	Mike	Westmorland	Border City Whs CC	N Lancs & Lakes	77	04:44
28	Angela	Hannon-Flaherty	Seacroft Whs	Yorkshire	53	03:35
29	Mark	Beattie	VO2MAX Race Team		57	01:24
30	Malcolm	Giles	Pocomotion Road Club		69	03:02
31	Malcolm	Steer	Darlington Cycling Club		57	01:24
32	Ray	Hall	Adept Cycling	North	61	01:52
33	Howie	Buckingham	Allen Valley Velo		51	00:50
34	John	Tiffany	Harrogate Nova CC	Yorkshire	80	05:33
35	Russell	Smith	Darlington Cycling Club		58	01:31
36	Aidan	Adams	Harrogate Nova CC		42	00:08
37	Ian	Richardson	Selby CC	Yorkshire	60	01:45
38	David	Hird	Hambleton RC		46	00:26
39	Miriam	Rennet	Kinross CC	Scotland	60	04:25

No	Name		Lub/Team/Association	Group	Age	VH
40	Andy	Russell	Barnesbury CC		58	01:31
41	Dougi	Hall	Border City Whs CC		59	01:38
42	Neil	Fearn	Harrogate Nova CC	Yorkshire	42	0:08
43	Brian	Parker	Total Tri Training		50	00:45
44	John	Leach	Rossendale RC	N Lancs & Lakes	77	04:44
45	Keith	Storey	Seacroft Whs	Yorkshire	61	01:52
46	Shaun	Tyson	Protech Velo	North	51	00:50
47	Grant	Whiteside	Harrogate Nova CC	Yorkshire	48	00:35
48	Richard	Durham	VTTA (Yorkshire)	Yorkshire	68	02:52
49	Stephen	Rhodes	Hartlepool CC		64	02:16
50	Mark	Bailie	Tyneside Vagabonds CC		44	00:17
51	David	Hargreaves	North Lancashire RCb	N Lancs & Lakes	76	04:29
52	Simon	Horsley	Legato Racing Team (LRT)	N Lancs & Lakes	58	01:31
53	William	Sharman	Barnesbury CC		51	00:50
54	Kevin	Denson	Darlington Cycling Club	Surrey/Suss ex	59	01:38
55	Nick	Badcock	Allen Valley Velo		40	00:00
56	Paul	Newman	Richmond CC	North	55	01:12
57	Duncan	Smart	Scarborough Paragon CC	Yorkshire	54	01:06
58	Liz	Ball	Valley Striders Cycling Club	Yorkshire	69	05:52
59	Paul	Kennedy	Sowerby Sunday Club		57	01:24
60	Mick	Flaherty	Seacroft Whs	Yorkshire	60	01:45
61	Ian	Swinscoe	Moonglu CC	Yorkshire	53	01:01
62	Madeline	Moore	TORQ Performance		43	00:13
63	Lucia	Borradaile	CC Weymouth	Wessex	64	05:00
64	Dave	Carrick	Holmfirth C C		61	01:52
65	Marcel	Schubert	Darlington Cycling Club	North	41	00:04
66	Matthew	Asquith	Otley CC		48	00:35
67	Paul	Sander	Stockton Wheelers CC	North	67	02:43
68	Dominic	Barron	Valley Striders CC	Yorkshire	54	01:06
69	Sarah	Foulds	Velo Culture	North	41	02:32
70	David	Bennett	Audax UK		52	00:55
71	Jez	Willows	Sherwood CC	Notts & E.Mids	57	01:24
72	Mark	Brownless	Teesdale CRC	North	51	00:50
73	Andy	Delaney	Northumbria Police C.C.	North	54	01:06
74	Alex	Ingham	AIMS Cycling		49	00:40
75	Douglas	Watson	GTR - Return To Life p/b Streamline	Scotland	49	00:40

Note: VH in Rider list Heading = VTTA Handicap.



Veterans Time Trials Association

Competitive Cycling for Life

OVER 40? BE YOUR BEST!



Angela Carpenter
2021 VTТА Women's
National Champion at 10,
15, 25, 30 & 50 miles



Andrew Meilak
2021 VTТА Men's
National Champion at
100 miles

If you are over 40 and time trialling is your thing, then join the VTТА.

The VTТА encourages all aged 40 and over to strive to be the best they can.

YOUR best will be recognised.

We have almost 3000 members spread between 16 regional groups so provide UK wide activity. We promote about 100 time trial events a year, including eight national championships from 10 miles right up to 24 hours; we also run three season long national competitions over a range of distances. The local groups also offer competitions and awards for their own members.

All events and competitions are run on an age handicap system which is gender specific, so women and men of all ages compete on an equal footing and have an equal chance of winning a prize.

Riders can also compete 'against themselves' in individual challenges called 'Standards', in which your performance is compared against previous seasons.

We also manage national and group age records for men and women at the different time trial distances and on velodromes.

Members receive four magazines per year and our annual handbook, either in print or digitally.

Membership fees vary by group (due to varying localised costs and member benefits) but is typically £15 to £20 plus a modest additional optional fee for Standards entry. Most members retain membership of their cycling club whilst a VTТА member, but you can join the VTТА and race with it as your main club.

Visit us on social media:



**JOIN
US...**

**You can find out more and join
any VTТА Group online at:**

www.vtta.org.uk